

Subsection 5.9 — Essential Drills Quarterly Cycle

Drill Cycle

Drill	Objective	Frequency	Duration	Notes
Alarm Response	Recognize alert codes	Monthly	10 min	From sleep quarterly
Evacuation	Rally-point routes	Quarterly	30 min	Night version annually
Fire & Hazard	Escape & extinguishers	Bi-annual	15 min	Review Fire Safety
Intruder Scenario	Lockdown practice	Quarterly	15 min	Calm voice
Radio Check	Comm readiness	Weekly	5 min	Rotate operator
Medical Aid	Basic first aid	Quarterly	20 min	Healer oversight
Night Watch	Patrol & lighting	Monthly	15 min	Silent run