

Early Warning Symptoms Card

Early Warning Symptoms to Never Ignore

- **Fever lasting more than 24 hours**
- **Confusion, sudden fatigue, or dizziness**
- **Rapid breathing or difficulty breathing**
- **Persistent vomiting or diarrhea (dehydration risk)**
- **Severe pain or spreading redness from any wound**
- **Sudden behavioral changes**
- **Any symptom worsening instead of improving**

Small problems become big ones when ignored.