

Rotation of Care Schedule

Caregiver Rotation (If a Family Member Falls Ill)

- **Shift 1: Monitoring & hydration**
- **Shift 2: Hygiene & cleaning assist**
- **Shift 3: Meal support & rest checks**
- **Shift 4: Night monitoring**
- **Shift 5: Documentation of symptoms**

Rotations prevent burnout and ensure steady, compassionate care.