

Trigger Activation Record — 12 Deep

This deep template supports Section 1.8 — Documentation & Logs. Use this log to record events clearly so your family can review what happened, learn from it, and act together with confidence. Leave plenty of space for honest details.

Document each time a predefined trigger is reached so everyone understands why readiness levels change.

Field	Details (for up to 12 family members, shifts, or events — use extra pages if needed)
Date / Time	
Trigger Name	
What Happened	
Threshold Crossed?	
Immediate Response Started	
Decision■Maker	
Next Check / Review	