

### Subsection 4.4 — Adults (18–60) Core Operational Duty Sheet

## Section 1 — Role Overview

Adults (18–60) bear the primary operational weight of the covenant, carrying leadership, logistics, protection, and instruction responsibilities. Their task is to hold structure without crushing trust.

## Section 2 — Duties Checklist

- [ ] Perform assigned leadership or coordination duties
- [ ] Manage food, water, and supply resources
- [ ] Schedule and oversee key daily routines
- [ ] Train youth in practical survival skills
- [ ] Rotate core roles to prevent burnout
- [ ] Mentor adolescents and children
- [ ] Ensure elders are supported and included
- [ ] Balance firm boundaries with compassion

### Section 3 — Notes