

## Subsection 4.5 — Medical Duty Rotation Tracker

### Section 1 — Log Table

Use this tracker to document rotations among primary Medic and trained backups for medical and hygiene oversight.

Date	Lead Medic	Backup	Focus Area	Issues / Follow-Up

### Section 2 — Core Duties & Responsibilities

- Follow the established rotation schedule with clarity and consistency.
- Log each rotation event, including date, role, and responsible member.
- Review fairness and workload balance during weekly or monthly check-ins.
- Adjust assignments when fatigue, illness, or changing capacity requires it.
- Keep all changes visible to the whole family to prevent confusion or suspicion.

### Section 3 — Notes

---

---

---

---

---

---

---

---

---

---